

## **Frank Budd, Ph.D., ABPP**

Director, Counseling and Substance Abuse Services  
College of Charleston  
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**License:** South Carolina No. 740, Arizona No 1477  
ABPP, Diplomate in Counseling Psychology, diploma # 5156  
APA Clinical Psychology Internship, Wright-Patterson AFB, OH, Sept 86 to Sept 87  
Ph.D., Educational and Counseling Psychology, 1988, University of Missouri-Columbia  
M.A. Educational and Counseling Psychology, 1983, University of Missouri-Columbia  
B.S. Clinical Psychology, 1980, Arizona State University

### **Work Experience:**

College of Charleston; Aug 2010 – Present: Director, Counseling and Substance Abuse Services. Supervises 12 staff, and 3-4 Master's level practicum students and/or psychiatry residents (in collaboration with the Medical University of South Carolina), while directing services in three over-lapping program elements: psychological counseling, alcohol and substance abuse prevention and treatment, and health education. Develops annual strategic plan for evidence-based, multicultural programming to a student community of approximately 11,500 undergraduates. Manages annual budget of \$553,000.

Travis AFB, CA; Feb 2007 – July 2010: Mental Health Flight Commander. Led United States Air Force's second largest mental health team composed of 55 multidisciplinary mental health professionals across five product lines, including largest DoD/VA joint venture inpatient psychiatric unit (20 beds), serving a community of approximately 7,260 active USAF military personnel, 4,250 Air Force Reserve personnel and 3,770 civilians. Developed Behavioral Health Optimization Program into USAF Center of Excellence. Implemented USAF's 1st virtual reality computerized treatment module, complimenting evidence-based practice in the treatment of PTSD. Conducted individual, marital and group psychotherapy for adults in both outpatient mental health and inpatient psychiatric settings. Utilized mood scales, symptom checklists and personality inventories for differential diagnosis. Participated in multidisciplinary inpatient psychiatric treatment team, established individualized, comprehensive treatment plans. Adept at Essentris VA documentation system. Received extensive training in PTSD treatment including National Center for PTSD Clinical Training Program at Palo Alto Health Care System, CA.

Kirtland AFB, NM; Aug 2004 – Jan 2007; Director, Organizational Consulting Office. Internal consultant to work force of 25,000. Provided leadership development, team building, and supervisory skill training. Facilitated leadership offsite, creating first installation Balanced Scorecard. Led installation mentorship program, created employee change management brief prior to stand-up of performance-based evaluation system for civilian employees. Taught leadership and communication skills to junior executive groups. Instituted base-wide workplace violence program.

Charleston AFB, SC; Sept 1997 – Aug 2004; Deputy Squadron Commander. Assisted Commander lead 78 personnel in delivering Family Practice, Primary Care, Women's Health, Pediatrics, and Behavioral Healthcare for 13,000 beneficiaries. USAF Workplace Violence consultant. Life Skills (Mental Health) consultant to Air Force Medical Operations Agency (Surgeon General's Office).

Director, Critical Incident Stress Management Team – wrote protocol for team development used by other Air Force installations. Conducted individual, marital and group psychotherapy for adults in an outpatient mental health setting. Utilized mood scales, symptom checklists and personality inventories while documenting patient progress towards individualized, collaborative treatment goals. Conducted extensive psychoeducational modules, and community education/outreach.

Whiteman AFB, MO; Oct 1994 to Sept 1997; Mental Health Services Flight Commander. Established vision and operational execution of continuous quality improvement for Outpatient Mental Health Clinic, Family Maltreatment Program, Substance Abuse Office, and base drug testing program. Ensured flawless fitness for duty evaluations of personnel working at USAF's first base to have the B2 stealth bomber and nuclear assets. Conducted individual, marital and group psychotherapy for adults in an outpatient mental health setting. Utilized mood scales, symptom checklists and personality inventories while documenting patient progress towards collaborative treatment goals. Primary therapeutic orientation is cognitive-behavioral.

Andersen AFB, Guam; Oct 1992 to Oct 1994; Chief Mental Health Clinic. Provided leadership for all mental health related services. Created Headquarters Pacific Air Forces suicide prevention manual. Developed mental health natural disaster plan, successfully implemented after severe earthquake. Conducted individual, marital and group psychotherapy for adults in an outpatient mental health setting. Utilized mood scales, symptom checklists and personality inventories while documenting patient progress towards collaborative treatment goals. Primary therapeutic orientation is cognitive-behavioral. Coordinated mental health care delivery between Navy, Marine and Air Force clinicians.

Scott AFB, IL; Sept 1987 to Sept 1992; Staff Psychologist then Chief, Mental Health Outpatient Clinic. Provided mental health services to 68,000 beneficiaries. Coordinated fitness for duty evaluations, and developed behavioral health initiatives for medical providers to resolve patient noncompliance issues. Developed base Smoking Cessation Program, adopted by Army unit with 1,500 personnel. Treated adult patients in outpatient mental health, inpatient substance abuse, medical center consultation and liaison service, and family maltreatment program settings. Developed group treatments for adult children of alcoholics, and patients with borderline personality disorders.

### **Academic Appointments:**

Coordinated development of first VA psychology intern rotation on joint DOD/VA inpatient psychiatric unit at Travis AFB, CA, (2009-2010).

Supervisor, Social Work Residency Program Director, David Grant Medical Center, Travis AFB, CA. Ensures clinical and leadership development of four social work residents annually, (2008-2009).

Served as clinical supervisor for M. A. psychology internship program, Department of Psychology and Counselor Education, Central Missouri State University, (1994 – 1997).

### **Publications and Research:**

Budd, F. (2007). Mentoring in the United States Air Force: a cornerstone for success through organizational transformation. Performance Improvement, 46, 16-22.

Budd, F. (2007). United States Air Force Wingman Culture: a springboard for organizational development. Organizational Development Journal (pp. 19-24), Special Edition, Best Global Practices in Internal Organizational Development.

- Budd, F., & Harvey, S. (2006). Military fitness for duty evaluations. Kennedy, C., Zillmer, E. (Eds.) Military psychology: operational and clinical applications (pp. 35-60). New York, NY: Guilford Publishing.
- Budd, F. & Kennedy, C. (2006). Introduction to clinical military psychology. Kennedy, C., & Zillmer, E. (Eds.) Military psychology: operational and clinical applications (pp. 21-34). New York, NY: Guilford Publishing.
- Budd, F. & Newton, M. (2005). Cross and couch together: healing the broken hearted. In McMinn, M. R., & Dominguez, A. D. (Eds.), Psychology and the church. (pp. 89-93). Huntington, NY: Nova Science Publishers.
- Budd, F. & Newton, M. (2003). Cross and couch together: healing the broken hearted, Journal of Psychology and Christianity, Vol 22, No. 4, 319-322.
- Budd, F. (March, 2001). Workplace Violence: training and response within the Air Force community. The Air Force Psychologist, Vol 19, No. 1, 8 - 12
- Budd, F. (2000). Psychologist-chaplain collaboration: the Air Force as "Benchmark." The Air Force Psychologist, Vol 18, No 2, p 23-25; and No 3, p 13-16.
- Budd, F. (1999). An Air Force model of psychologist-clergy collaboration. Professional Psychology: Research and Practice, 30, 552-556.
- Budd, F. (1997). Helping the helpers after the bombing in Dhahran: critical incident stress services for an Air Rescue Squadron. Military Medicine, Vol 162, No 8, 1-6.
- Budd, F. (Summer, 1992). A Christian's self esteem. Command: Christian Perspectives on Life in the U.S. Armed Forces, Vol 41, No 2, 33-35.
- Thoreson, R., Miller, M., Budd, F. & Krauskopf, C. (1987). The current health status of Missouri psychologists: Preliminary results. Missouri Psychologist, 43, 16-17.
- Thoreson, R., Budd, F. & Krauskopf, C. (1986a). Alcoholism among psychologists: work related behavior and patterns in recovery. Professional Psychology, 17, 210-216.
- Thoreson, R., Budd, F. & Krauskopf, C. (1986b). Perceptions of alcohol misuse and work behavior among professionals: Identification and intervention. Professional Psychology, 17, 497-503.
- Budd, F. (1988). Alcoholic Psychologists and Family History. Unpublished doctoral dissertation, University of Missouri-Columbia.

### **Public Speaking (Highlights):**

- Budd, F. (2011, Aug). Stress Management and Self-Care. Presented to annual retreat of the School of Humanities and Social Sciences administrative staff.
- Budd, F. (2011, May). Emotional Intelligence. Presented during the LeaderShape Institute, College of Charleston.
- Budd, F. (2011, Feb). Assisting Students with Mental Health Concerns. Presented to the College of Charleston Public Services employees.
- Budd, F. (2009-2010). Presentations to the Travis AFB, CA Wing Commander and senior executive staff on several topics including: suicide attempts and trends; USAF policy and procedures covering forensic mental health evaluations; stress management interventions and programs; use of computer simulation of combat in the treatment of Post-Traumatic Stress Disorder.
- Budd, F. (2008, Aug). You Can Only Change the World by Invitation. Invited address after receiving 2007 RHR International "Perry Rohrer" Award for Excellence in Consultation by Div 13, American Psychological Association Annual Meeting, Division 13, (Consulting Psychology). Boston, MA.

- Budd, F. (2005, Aug). Change Management for Employees and Leaders. Kirtland AFB, NM.
- Budd, F. (2005, Apr). Integrated Delivery System – Consultation Assessment Tool. Panel member conducting training to AF installation helping agencies on consultation skills and use of this instrument. Kirtland AFB, NM.
- Budd, F. (2004, Apr). Psychology in the Military During the War on Terrorism. Presented at the S.C. Psych Assoc. Annual Conference, Myrtle Beach, S.C.
- Budd, F. (2002, Sep). Workplace Violence, and Family Maltreatment Services. Presented at HQ Air Force Reserve Command, Annual Conference, Atlanta, GA.
- Budd, F. (2002, Mar). Critical Incident Stress Management briefing to HQ Mortuary Affairs Annual Conference, Charleston AFB, SC
- Budd, F. (2001, Jan). Self-esteem presentation to Single Parents Luncheon. Charleston AFB, SC.
- Budd, F. (2000, April). An Air Force Model of Psychologist-Chaplain Collaboration. Presented at the South Carolina Psych. Assoc. Spring Conference, April 6-8, 2000, Myrtle Beach, SC
- Budd, F. (1999, April). United States Air Force Psychology: challenges and opportunities. Presented at the South Carolina Psychological Association Spring Conference, April, 1999, Myrtle Beach, SC
- Budd, F. (1999, March). Air Force Prevention of Traumatic Stress in High-Risk Occupations. Poster session presented at the 1999 Work Stress and Health Conference sponsored by American Psychological Assoc/NIOSH, Baltimore, MD.
- Budd, F. (1998, May). Suicide Awareness: The Charleston Model. Invited briefing by Air Mobility Command Surgeon General to his staff, then to Air Mobility Commander-in-Chief, Gen Kross and his senior executives. Headquarters AMC, Scott AFB, IL. Awarded General's coin for excellence.
- Budd, F. (1998). Non-Traditional Careers in Psychology. Presented as part of a panel during the South Carolina Psychological Association Annual Conference, Myrtle Beach, SC.
- Budd, F. (1998, April). An Air Force Crisis Response Team After the Bombing in Dhahran. Presentation to the 1998 U.S. Army Behavioral Science Short Course, Atlanta, GA.
- Budd, F. (1996, Nov). Preventing Violence in the Workplace. Presentation to 509th Medical Group, Whiteman Air Force Base, Missouri.
- Budd, F. (1996, Oct). Psychological Stress and Coping Associated With Military Deployment. Presentation to 509th Medical Group, Whiteman Air Force Base, Missouri.
- Budd, F. (1996, July). Workplace Drug Use: Recognizing the Warning Signs. Presentation to the HQ Air Combat Command, Drug Demand Reduction Conference, Langley AFB, VA

### **Consulting Experience (Major Events):**

- Mental Health Consultant to College of Charleston's development of a Threat Assessment Team and related college policy for faculty/staff and students with disturbing or violent behavior. May - July, 2011.
- Family Cluster Facilitator, LeaderShape Institute, College of Charleston, May 9 – 13, 2011.
- Psychology consultant to USAF working group on the revision of Clinical Practice Guidelines on Major Depression for Primary Care, September 2009.
- Senior Organizational Consultant to Headquarters Air Force Materiel Command, 2005-2007.
- Curriculum Development Consultant, creating change management briefings for over 28,000 personnel as part of the implementation of the National Security Personnel System for Kirtland AFB civilian employees. Jun – Aug 2005.

Team Leader for 377 ABW Strategic Planning Offsite and development of a Balanced Scorecard. 18-19 May 2005.

Headquarters Air Force Materiel Command, Wingman Culture Team. Organizational consultant on development of a strategic plan and action steps to enhance supervisor emotional intelligence and employee engagement. September 2004 to present.

Kirtland Air Force Base, NM, Mentoring and Development Team. Consultant on marketing and successful use of web-based mentoring tool. September 2004 to present.

Team Chief, Medical Incident Investigation, HQ AMC, Summer 2003. Final report on member's self-inflicted gunshot would death described as "most thorough ever seen."

Psychology Consultant to Air Mobility Command Surgeon General, 2002 – 2004.

USAF Medical Operations Agency, Life Skills Consultant, 2001 – Present.

Task force member, co-author of 1) "Integrated Delivery System (IDS)-Consultation and Assessment Tool"; 2) "IDS Skills Enhancement for Command Consultation" handbook and video training (wrote script for three vignettes), and 3) "Community Level Action Support Leader's Guide", based on Dr. Budd's handbook "Behavioral Sciences Guide for Commander's and First Sergeants" – an Air Force best practice.

USAF Medical Operations Agency, Task Force on Suicide Awareness and Consultation to Commanders, Field Consultant, 2001 – 2002, Brooks AFB, TX. Created encyclopedic – web-based reference for supervisors dealing with personnel in distress.

HQ Air Reserve Command consultant on annual workplace violence awareness training, 2002. Training program and manual remain the standard for annual training.

Behavioral Sciences Consultant to 437th Airlift Wing senior leadership following 9/11 terrorist event. Assisted leadership develop plan to maintain morale and productivity of 3,500 personnel, many working seven days a week and 12 hour shifts.

Air Mobility Command expert on suicide/violence awareness, 1998 - 2004. Selected by Air Force Surgeon General's Office to write training curriculum for Air Force suicide and violence awareness, 1999. Developed annual updates to training curriculum.

Operations Officer for HQ, Air Mobility Command Behavioral Health Team. 2000.

Conducted base climate assessment, Pope AFB, NC after four suicide attempts in one month.

Consultant to USAF Surgeon General on update to AFI 44-153, Critical Incident Stress Management. Assisted with development of training curriculum implemented service-wide. 2000.

Clinical Psychology Consultant to Air Combat Command Surgeon General, 1995-1997. Served as mentor to 24 psychologists employed at 22 bases across Air Combat Command (ACC).

#### **Awards/Professional Honors:**

2008 "Team of the Year, David Grant Medical Center, Travis AFB, CA." First time the Mental Health Flight had ever received this honor. Served as Flight Commander during this period. David Grant is the second largest medical facility in the USAF.

2008 "Outstanding" rating during the Health Services Inspection (HSI) and Joint Commission Inspection of David Grant Medical Center, Travis AFB, CA. Mental Health Flight received highest ratings on 11 of 13 inspectable areas.

2007 "RHR International Award for Excellence in Consultation" from the American Psych. Assoc Div 13. First USAF recipient.

2007 Charles S. Gersoni Award for Distinguished Contribution to Military Psychology, presented

by the Society of Military Psychology (Division 19) of the American Psychological Association.

2005 American Psychological Association, Division 18 – Public Service, “Special Achievement Award.”

2005 Albuquerque-Santa Fe Federal Executive Board Public Service Recognition Award

2003 American Psychological Association “Award for Distinguished Contributions to Psychology in the Public Sector” by the Board of Professional Affairs; First military Psychologist to win this award

2002 Award for Continued Exemplary Contributions to Psychology, SC Psych. Assoc.

2002, Selected as first-ever Psychology Consultant to the Air Mobility Command Surgeon General.

2001 APA, “Presidential Citation” in recognition of work in prevention and community education as psychologist to the Air Force community. First Air Force psychologist recipient

2000 Outstanding Career Contribution to Air Force Psychology (First Recipient) from Society of Air Force Clinical Psychologists

2000 Psychologist of the Year, South Carolina Psychological Assoc (First USAF psychologist to ever receive a state psychological association award).

2000 Commander-in-Chief Installation Excellence Award. Mental Health Flight selected as best organization on the military installation.

2000 “Champions” award from Joint Commission on the Accreditation of Healthcare Organizations (JCAHO). Mental Health Flight best of 22 medical organizations.

1998 Senior Psychologist of the Year, Headquarter Air Mobility Command (AMC).

1996 Junior Psychologist of the Year, Headquarters Air Combat Command (ACC).

**Professional References:**

Available upon request.